



The Montello News

CARE CENTER

APRIL
2019

Skilled Nursing • Inpatient/Outpatient Rehab Therapy • Assisted Living

Volunteer Appreciation Week is April 7th - 13th

Do you know that recent studies have shown that more than 40% of those aged 60 and over have volunteered in some way in the previous year? And most of those folks would give more of their time to volunteer efforts if they were asked.

Volunteering is an incredibly fulfilling activity and can give new meaning to our lives. Perhaps this is one of the reasons so many retirees find such great joy in volunteering. When we leave a career, we sometimes need a new enterprise to give us a sense of meaning in life. Finding a

new sense of meaning and purpose is one of the major factors in aging successfully.

Volunteering in the community gives us many new opportunities, including the opportunity to:

- Help others
- Use our skills, wisdom, abilities, and knowledge in new and meaningful ways
- Enrich the lives of others
- Cultivate new social networks

- Learn new things
- Make the community and the world a better place

Everyone should consider finding an organization or a volunteering activity that is the best match for his or her skills and interests. No activity gives such a sense of purpose and is more appreciated than volunteering.

Contact our community today to learn more about our volunteer opportunities.

We Invest in Our CNAs



Recently our CNA Task Force Lead, Kelly & Sarah, attended a meeting in Madison. Team leads from multiple facilities came together to share experiences and receive training to guide and support staff CNAs through improved communication and team work. The purpose of our corporate-wide task force is to give CNAs a group voice, focus on their importance to our residents and our homes, and to discuss and find solutions for day-to-day issues in their jobs.

Montello

CARE CENTER

251 Forest Lane, Montello, WI 53949

608.297.2153

Brent Meyers, Administrator

Like Us On Facebook

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

Please call our office.



**WISCONSIN
ILLINOIS**
SENIOR HOUSING INC.

MontelloCareCenter.org

WE ACCEPT CREDIT CARDS

Happy Birthday!

Floyd D.	4/3
Donald H.	4/5
Lowell B.	4/8
Bernice W.	4/21
Wayne W.	4/22

Welcome Residents

Margaret G. Donald R.
Jeffrey W. Roberta J.

Upcoming Events

April 4th, 2019

Resident Council Meeting

Bingo **every Thursday**
at 2:30pm

April 10th

Geezer plays music for
our "Spring Fling"

April 25th

Hal Smith plays music for our
Birthday Party

April 26th

Root Beer Floats



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MontelloCareCenter.org/Donate



Easter Around the Globe

In America, we have the traditions of the Easter Bunny, Easter Tree, baskets full of candy and hidden eggs. What about other nations? Do they celebrate Easter too?

Scottish children hard boil eggs and paint them on Easter Saturday. On Easter Sunday, they take the eggs to the top of a tall hill and have a race to see whose egg would get to the bottom first.

Hungarian kids trade hard boiled eggs and then see who can be the first to throw a coin into the egg. It must stay in the egg and not just chip off the side of the shell. Pennies and dimes work the best.

Bulgarians crack eggs after midnight on Easter Sunday. The first one is cracked against the church wall, then everyone chooses their own egg. Each egg is cracked against another person's egg and the one left with an unbroken egg will receive a year of good luck.

The Greeks have a unique tradition. Everyone gathers at the midnight service and all the lights in the church are turned off. A priest comes in the church doors with a lighted candle and

goes to the front pew and lights one person's candle. In turn, this one candle lights another until the rest of the candles in the church are lit. This represents the Light of the Resurrection and everyone receives it.

In Poland, the Easter basket is the highlight of the day. The older family members make them for the younger ones. They are filled with Easter eggs, homemade bread, ham, butter lamb, and Polish sausages.

The Finnish greet their friends and family by whisking them with small willow twigs. This is done to wish them luck in the following year. Everyone has a turn and then on Easter Sunday, they would exchange eggs, candies, or money to repay the favor.

There are many more traditions, but most of them are similar in honoring the resurrection of Christ and celebrating his return to heaven.



Continue Your Rehab Therapy at Home

Transitions At Home continues treatment & rehab therapy at home when you leave Montello Care Center. We can even help you arrange home health *before* discharge so you know what to expect. When you need medical care at home, Transitions At Home delivers quality care with RNs and home health aides.

Bringing Quality Healthcare To You

262.723.2700
TransitionsHealth.org



Transitions At Home is a non-profit WISH agency that provides in-home healthcare to southern and central WI.