

Protecting Residents Against Infection

The health of our residents is our top concern. Requirements for greater infection control in skilled nursing facilities (SNFs) have been phased in over the last 3 years by the Centers for Medicare and Medicaid Services and outlined an effective infection prevention and control program. This program includes systems to prevent, identify, report, investigate and control infections and communicable diseases for SNF residents and staff. In 2017, SNFs were required to develop an antibiotic stewardship program to combat multi-drug resistant organisms.

The final phase was implemented in November 2019 and includes a 19-hour course in infection prevention and control.

Our nursing home has a designated Infection Preventionist (IP) on staff who has completed this training which includes tools, checklists, signs, policies and procedures for infection prevention.

Some of the many topics our IP is trained on include:

- Infection prevention
- Principles of standard precautions

- Hand hygiene
- Injection safety
- Point-of-care blood testing
- Environmental cleaning
- Linen management
- Preventing respiratory infections
- Tuberculosis prevention

If you have questions regarding infection prevention or the measures we employ, please contact our administrator.

Montello

CARE CENTER

251 Forest Lane, Montello, WI 53949

608.297.2153

Brent Meyers, Administrator

 Like Us On Facebook

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.

Please call our office.



WISCONSIN
ILLINOIS
SENIOR HOUSING INC.

MontelloCareCenter.org

WE ACCEPT CREDIT CARDS

Therapy Success Story

“I’ve always lived in Montello. I’ve rehabbed here before and it was good. I fell, I didn’t stumble, just dropped down. I learned there is a lot of help here at Montello Care Center for anyone with injuries. I’ve got a lot of faith in this place. Everyone was really friendly and attentive to my needs. The therapy staff made my day, every day! My therapy was great. I made a lot of improvement in a short amount of time. I want to thank the whole therapy staff and the staff that helped me in my room.”

– Resident: Irene L.

DONATE SAFELY AND EASILY ONLINE:

MontelloCareCenter.org/Donate



Happy Birthday

Richard O.	3/1
Tunes T.	3/2
Glen W.	3/29

Job Postings

CNAs Needed: 2nd and 3rd shift. PT/FT

LPN/RN: PT/PRN Hours vary

Upcoming Events

3/10 at 10:00am –

Tello Tones sing

3/17 at 2:30pm – St. Patrick's

Day Party with Prairie Sand Band and Irish music

3/18 at 2:30pm –

"Geezer" entertains

3/24 at 10:00am –

Dan Lovett entertains

3/27 at 10:00am –

Don Wedel sings

3/25 at 2:30pm –

Birthday Party



Nutrition Needs in the Golden Years

As we age, we need fewer calories—about 10% less per decade from age 50 onward—but not necessarily fewer nutrients. With our bodies' own natural antioxidant systems losing steam, we need to increase our intake of antioxidant-rich fruits and vegetables like artichokes, blackberries, blueberries, broccoli, brussels sprouts, cranberries and dried plums.

Because of this calorie-nutrient paradox, it's more important than ever to choose foods with care, opting for a nutrient-dense diet and avoiding empty-calorie snacks. Fiber, for example, is a macronutrient that too many seniors get too little of. In addition to lowering levels of "bad" cholesterol, fiber helps improve regularity at a time when gastrointestinal distress may become an issue. Top

sources of healthy fiber include navy beans, oats, raspberries, oranges and green peas.

Protein is another macronutrient seniors need but 60% fail to consume in adequate amounts. The body's ability to absorb vitamin B-12 declines with age, and salmon is a great choice as a two-for-one protein and vitamin B-12 source. As a bonus, salmon, sardines, albacore and flounder are good sources of omega-3 "healthy" fats that help boost memory power.

\$9000

\$8K

\$7K

\$6K

\$5K

\$4K

\$3K

\$2K

\$1K

Wheelchair Van

Wheelchair Van needed. We've reached 30% of our goal. Please donate to help us reach our goal of \$9000 for a new van for resident use. Donate online at Montellocarecenter.org/donate, or call our office. Thank you.

Continue Your Rehab Therapy at Home

Transitions At Home continues treatment & rehab therapy at home when you leave Montello Care Center. We can even help you arrange home health *before* discharge so you know what to expect. When you need medical care at home, Transitions At Home delivers quality care with RNs and home health aides.

Bringing Quality Healthcare To You

262.723.2700
TransitionsHealth.org

